

# Grouper Fact Sheet

## About Grouper

Grouper is a radically beneficial new form of healthcare. Members get covered by their health plan for having fun with friends. Gyms offer one path to staying active – but it's hardly the only path. That's why Grouper offers a lively and robust network of clubs and activity groups to connect health plan members to the activities they love to do.

## Our Mission

To encourage healthy living through activities that build meaningful social connections and shared experiences.



## Club Partnership Program

Grouper partners with large Medicare Advantage and Supplement health plans. Once clubs join the Grouper Health Network, we are able to confirm if members' dues are covered by these health plans. By joining the Grouper network, eligible club members will receive a check to cover their membership dues.

## Health Plan Eligibility

Members can confirm their Medicare Advantage or Medicare Supplement plan includes the Grouper social benefit by signing up online at:

[groupergroups.com/PSLRCHobbyGroup](https://groupergroups.com/PSLRCHobbyGroup)

Upon signing up, expect contact within 3-5 business days regarding health plan eligibility. After verification, additional information will be requested via email, and a check will be sent to cover the cost of membership.

## WHAT IS SOCIAL FITNESS?

Research shows that participating in groups and activities with others improves our mental, physical, and social health. It's called "Social Fitness," and it's the driving force behind everything Grouper does.

### Physical

Staying active through exercise, fitness classes, or walking is crucial for maintaining good health.

### Mental

The more mental stimulation we get, the more likely we are to hold on to better brain functioning as we age.

### Social

Studies have shown, that social connections are closely related to well-being and personal happiness.

# Grouper

Call 833-906-1700

Email [info@hellogrouper.com](mailto:info@hellogrouper.com)

Grouper Club Network Locations ("CNL") are not owned or operated by Grouper or its affiliates. Use of CNL facilities and amenities limited to terms and conditions of CNL basic membership. Facilities and amenities vary by CNL. Always talk to your doctor before starting an exercise program.

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# Frequently Asked Questions



## What is Grouper and how does it work?

Grouper is your gateway to vibrant social connections. We seamlessly work with health plans to cover membership dues, ensuring you can reap the benefits of 'Social Fitness' for improved mental, physical, and social well-being.

## Why did we partner with Grouper?

This partnership opens doors for eligible members of your club to enjoy an annual membership covered by Grouper. This is possible through our partnerships with Medicare Advantage and Medicare Supplement plans. This unlocks fresh avenues for your club to engage and add value to both present and new members.

## This sounds too good to be true, what's the catch?

Grouper believes in the power of social connection and has teamed up with insurance providers who believe the same. Your club has been proven to help active adults live longer lives through all three determinants of health: physical, social and mental activity. As long as you remain active, we will cover your yearly membership costs.

## Is my privacy protected?

Yes. Your information is not sold. We only share your information as needed for the purposes of administering your health benefit. For further information, see our online Privacy Policy.

## What do I need to sign up for Grouper?

- Basic contact information (Name, Phone, Email, Zip Code)
- Health plan information
- Average monthly activities in the past 6 months

## How do I get started?

Your club will be provided with a website that will outline the steps below. The entire process should take a total of 5 minutes.

STEP 1: Register online to confirm your eligibility of the Grouper social benefit at:

[groupergroups.com/PSLRCHobbyGroup](https://groupergroups.com/PSLRCHobbyGroup)

STEP 2: Report your six-month activity report to Grouper.

STEP 3: Keep participating in your passion!

After enrolling, we will contact you within 3-5 business days to let you know if you are eligible. During this time we check your health plan for eligibility. After we verify this information, we will request some additional information via email and send you a check covering the cost of membership.

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# Privacy Policy

## Is my privacy protected?

Your privacy is important to us and we will make sure your personal information remains safe and confidential in accordance with federal and state laws.

During registration club members will be asked for; name, email address, phone number, and health insurance ID number. During benefit administration, club members will be asked for mailing address and membership cost.

This information is only used to confirm eligibility for the Club Reimbursement Program.

We do not sell or rent personal identification information to others.



**PSL RC HOBBY**  
**GROUP**



To see if your plan covers the Grouper social fitness benefit, visit

[groupergroups.com/PSLRCHobbyGroup](https://groupergroups.com/PSLRCHobbyGroup)

**Grouper**

**Call 833-906-1700**

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